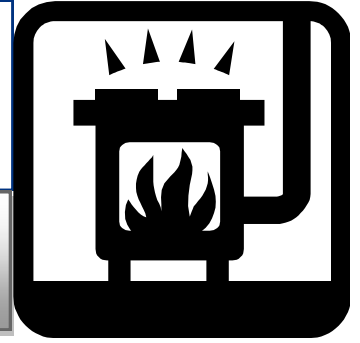




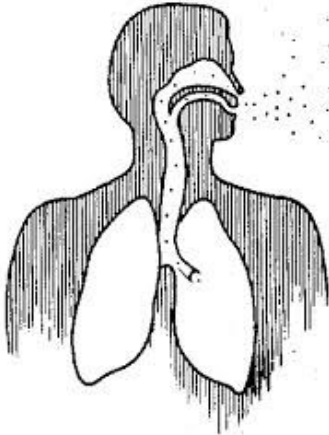
# FROM THE AIR PROGRAM

## HEALTH AND SAFETY TIPS FOR WOOD STOVES



Heating with wood can be an enjoyable and cost effective way to heat your home, but...

Wood stoves can produce pollutants that can harm your health. Here are some things to look out for.



- If you smell smoke inside your home, it means that harmful pollutants are in your home
  - ⇒ Wood smoke is made of small particles that can be inhaled and lodge in your lungs and irritate your airways
  - ⇒ Exposure to wood smoke can trigger asthma attacks, aggravate lung conditions, cause coughing, wheezing and chest tightness
  - ⇒ It can aggravate heart problems
- Make sure your chimney has a good draft
  - ⇒ 87 percent of residential fires are chimney fires
  - ⇒ Keep your chimney and flue clean
- Burn dry, seasoned wood to reduce particle

pollution inside your home and to keep the outside air clean

- ⇒ Avoid burning treated lumber because it can emit toxic fumes
- Replace your older stove
  - ⇒ Newer stoves emit 70 percent fewer particles than older models
  - ⇒ Stoves made before 1988 emit significantly more pollution indoors and out



*As winter approaches, stay warm and stay safe!*